

“I will bless the LORD who guides me; even at night my heart instructs me.”

~Psalm 16:7

WAM Parent Companion Reading

If you have your bible with you, find this verse and read it in context (Psalm 16). This passage is also printed on the back of this paper. Select as much or as little of the passage as you'd like and read it through four times, focusing on the following each time:

FIRST READ: ENTER

Let the entirety of the passage wash over you on this initial read. Take note of the who, what, when, where, and why of the passage (Google, study bible reference, etc). Who is speaking? To whom? Where are they? What are the historical circumstances of this time period? Why is the author writing this passage?

SECOND READ: IMPRESS

Read through the passage again and take note of any word, phrase, sentence, or verse that makes an impression on you.

THIRD READ: PRAY

Before reading through this third time, spend a few moments in prayer thanking and praising God for His Holy Word. As you read, be prayerfully responding and interacting with God about the text. Imagine you are simply discussing the passage with a friend as you read.

FOURTH READ: APPLY

In this final reading, ask God how He wants you to apply this passage to your life. Do you get the feeling there is something you should start doing, cease doing, or continue doing?

FAITH 166 Application

Share your insights with your children and ask them what they learned from the verse. Take time this week to pray with each other and ask God to help you apply the lessons you each learned.

PASSAGE: Psalm 16

1 Keep me safe, O God, for I have come to you for refuge. 2 I said to the LORD, "You are my Master! Every good thing I have comes from you." 3 The godly people in the land are my true heroes! I take pleasure in them! 4 Troubles multiply for those who chase after other gods. I will not take part in their sacrifices of blood or even speak the names of their gods. 5 LORD, you alone are my inheritance, my cup of blessing. You guard all that is mine. 6 The land you have given me is a pleasant land. What a wonderful inheritance! 7 I will bless the LORD who guides me; even at night my heart instructs me. 8 I know the LORD is always with me. I will not be shaken, for he is right beside me. 9 No wonder my heart is glad, and I rejoice. My body rests in safety. 10 For you will not leave my soul among the dead or allow your holy one to rot in the grave. 11 You will show me the way of life, granting me the joy of your presence and the pleasures of living with you forever.