

WAM at Home - Lesson 2C

What you will need:

- Device to play song (if you're not singing it on your own)
- Bible
- Sticks or wooden spoons or blocks that you could tap together
- Keyboard/Piano

This week's verse: Psalm 16:7

"I will bless the LORD who guides me; even at night my heart instructs me."

Step 1 (5-10 minutes)

- Color the coloring page and/or answer the questions on the verse doodle page (older children may want to do the verse doodle page instead of the coloring page, but they're free to do either or both!)

Step 2 (5-10 minutes)

- Read Psalm 16:7 from this paper or from your Bible. Encourage older children to find Psalms and read along with you.
- Discuss the questions from the verse doodle page. Older children can share the answers they came up with or you may all discuss them together. Older children can also share their drawings and describe what they drew.

This week's questions:

1. Have you ever read a story before bed and then dreamed about something in that story?
2. Do you feel like your brain works better when you're rested or when you're tired?
3. This verse talks about being so close to God that we can hear His instructions and guidance even when we're sleeping. Do you know the Bible that well? Knowing what's in our Bible is how we know about God and who He is and everything that He has done for us and the world. This is why a good thing to know is all of the books of the bible and what order they're in so you can easily find a scripture passage and read along. Take a moment and thank God for giving us His word to teach us more about Himself and ask for His help in learning more about who He is through His word.

DRAW: a picture of a dream you've had recently

Step 3 (10-15 minutes)

- Sing through "Books of the Old Testament" or listen to the recording as many times as you'd like. Once you're familiar with the song, try singing it yourself!
- Grab your sticks or spoons or blocks and try to play a steady beat while you sing. You can play a fast steady beat (both the red and blue lines) or a slow steady beat (just the red lines), like this:

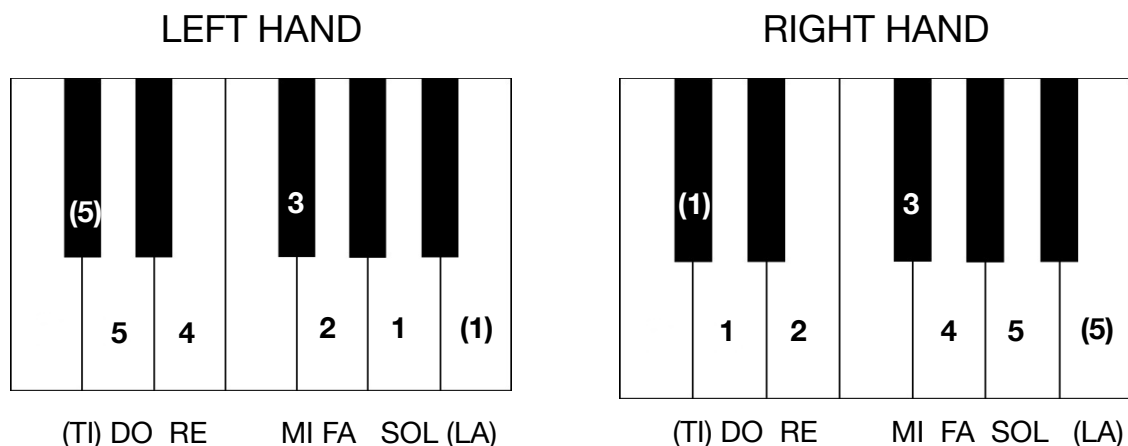
| | | | | | | | | | | | | | | |
Genesis, Exodus, Leviticus, Numbers, Deuteronomy, Joshua, Judges, Ruth,
| | | | | | | | | | | | | | | |
First and Second Samuel, First and Second Kings, First and Second Chronicles.

Ezra, Nehemiah, Esther, Job, Psalms, Proverbs, Ecclesiastes, Song of Solomon, Isaiah,
Jeremiah, Lamentations.

Ezekiel, Daniel, Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk,
Zephaniah, Haggai, Zechariah, Malachi.

These are the books of the Old Testament, handed down to us through history,
Full of wisdom and God's stories, let's sing it one more time!

- Now find your D position. Remember, the "D" is the white key between the group of two black keys:



- Once you've found your D position in each hand, try playing a steady beat with just your thumbs, alternating back and forth, starting with your right hand.
- Next, play a steady beat with your **right pointer** and your left thumb. Alternate between the two just like you did with your thumbs.
- You can put those two alternating patterns together and play while you sing through the song, like this (when you have to change to your right pointer, that's colored green!):

R L R L **R2** L **R2** L
 Genesis, Exodus, Leviticus, Numbers, Deuteronomy, Joshua, Judges, Ruth,
 R L R L **R2** L R L
 First and Second Samuel, First and Second Kings, First and Second Chronicles.
 R L R L **R2** L **R2** L R L R L
 Ezra, Nehemiah, Esther, Job, Psalms, Proverbs, Ecclesiastes, Song of Solomon, Isaiah,
R2 L R L
 Jeremiah, Lamentations.
 R L R L **R2** L **R2** L R L
 Ezekiel, Daniel, Hosea, Joel, Amos, Obadiah, Jonah, Micah, Nahum, Habakkuk,

R L R2 L R L

Zephaniah, Haggai, Zechariah, Malachi.

R L R L R2 L R2 L

These are the books of the Old Testament, handed down to us through history,

R L R L R2 L R L

Full of wisdom and God's stories, let's sing it one more time!

- Once you're comfortable playing your alternating thumbs pattern, try moving each of your thumbs and your right pointer up one key and play and sing again. This is called "transposing". That's a big musical word that just means moving your playing position around the piano.
- Can you choose a fun place to move your fingers up to and sing along with the song in that new position? Have fun exploring!

Step 4 (5 minutes)

- Ask for prayer requests and pray as a family for those requests.